



AS YOU PREPARE FOR PARENTHOOD, YOU MIGHT BE HAVING...

feelings of
anger, sadness,
hopelessness
and/or guilt

thoughts of
harming
your baby
or yourself

repetitive,
upsetting
and/or
unwanted
thoughts
and/or mental
images

changes in
sleeping
and eating
habits

extreme
worries
and/or fears
over the
health of your
baby



YOU'RE NOT ALONE.

WE ARE HERE TO HELP.

MiSide offers compassionate support and personalized treatment options to guide you through this challenging time. It's okay to acknowledge that this time can be incredibly hard.



Eligibility Requirements:

Must be currently
pregnant

LEARN MORE AT: miside.org/PMH | CALL US TODAY: (313) 531-2500

We accept Medicaid, some private insurances, and those with no insurance.