

AS YOU PREPARE FOR PARENTHOOD, YOU MIGHT BE HAVING...

feelings of anger, sadness, hopelessness and/or guilt

thoughts of harming your baby or yourself

repetitive,
upsetting
and/or
unwanted
thoughts
and/or mental
images

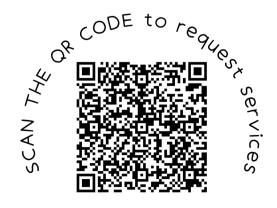
changes in sleeping and eating habits

extreme
worries
and/or fears
over the
health of your
baby





Miside offers compassionate support and personalized treatment options to guide you through this challenging time. It's okay to acknowledge that this time can be incredibly hard.



Eligibility Requirements:

Must be currently

pregnant

LEARN MORE AT: miside.org/PMH | CALL US TODAY: (313) 531-2500