



Why You Might Seek Out Infant Mental Health Services

You, as a mom/dad/caregiver,
might be feeling...



worried about
adjusting to life
with a new baby

struggling to
connect with
your child

experiencing
stress, anxiety,
and/or
depression

feeling
overwhelmed or
unsure about
how to support
your child's
needs

concerns about
your ability to
meet your child's
needs

You're not alone. We are here to help.

MiSide offers compassionate support and personalized treatment options to guide you through this challenging time.

Scan the QR code to
request services

Eligibility Requirements:

Child(ren) birth to
5 years old



Call today: (313) 531-2500

misode.org