

Infant and Early Childhood Mental Health Consultation

Infant and Early Childhood Mental Health Consultation (IECMHC) is a no cost collaborative, relationship-based service that partners with early childhood professionals and families to promote the social-emotional well-being of children from birth to 5.

Specialized Support for Stronger Relationships:

Our experienced MiSide consultants provide relationship-based support with specialization in the following areas:

- *Pyramid Model*
- *The Growing Brain*
- Spanish-speaking consultation

When To Reach Out for Consultation:

- When Things Are Going Well: Build a relationship with your consultant early to gain trusted support and help address concerns before they become challenges.
- When Feeling Overwhelmed with Teaching and Caregiving: Consultants provide support, guidance, and practical strategies to help you navigate challenges and strengthen the care you provide to the children in your care.
- When A Child Needs Extra Support: Consultation can help when a child needs individualized support to build relationships, develop skills, and thrive in the classroom.

Who Consultation Supports:

We partner with those caring for young children, including center-based programs, home-based providers, GSRP classrooms, and families.

**Working Together to Help
Children Thrive**



Contact Katie Wisniewski to learn more today!

Phone: 313-255-0900 ext. 2117

Email: katie.wisniewski@miside.org